

Spiritual Disciplines pt. 3

1/18/26

I. _____

"In the spiritual discipline of study we engage ourselves, above all, with the written and spoken word of God."

- 'The Spirit of the Disciplines' by Dallas Willard

"We must understand, however, that a vast difference exists between the study of Scripture and the devotional reading of Scripture. In the study of Scripture, a high priority is placed upon interpretation: what it means. In the devotional reading of Scripture, a high priority is placed on application: what it means for me. All too often people rush to the application stage and bypass the interpretation stage: they want to know what it means for them before they know what it means!"

- 'Celebration of Discipline' by Richard Foster

Psalm 119:105, NLT - *Your word is a lamp to guide my feet and a light for my path.*

Psalm 119:11, NLT - *I have hidden your word in my heart, that I might not sin against you.*

2 Timothy 3:16-17, NLT - ¹⁶ *All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right.* ¹⁷ *God uses it to prepare and equip his people to do every good work.*

"It soon becomes obvious that study demands humility. Study simply cannot happen until we are willing to be subject to the subject matter. We must submit to the system. We must come as a student, not teacher. Not only is study directly dependent upon humility, but it is conducive to it."

- 'Celebration of Discipline' by Richard Foster

Acts 8:30-31, NLT - ³⁰ *Philip ran over and heard the man reading from the prophet Isaiah. Philip asked, "Do you understand what you are reading?"* ³¹ *The man replied, "How can I, unless someone instructs me?" And he urged Philip to come up into the carriage and sit with him.*

John 8:31-32, NLT - ³¹ *Jesus said to the people who believed in him, "You are truly my disciples if you remain faithful to my teachings.* ³² *And you will know the truth, and the truth will set you free."*

Romans 12:2, NLT - *Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.*

II. _____

Joshua 1:8, NLT - *Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do.*

Psalm 1:1-3, NLT - ¹ *Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers.* ² *But they delight in the law of the Lord, meditating on it day and night.* ³ *They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do.*