

# Matthew pt. 13

## Healthy Focus - 9/29/2024

### I. \_\_\_\_\_ FOCUS

#### Matthew 6:19-24 NLT

<sup>19</sup> “Don’t store up treasures here on earth, where moths eat them and rust destroys them, and where thieves break in and steal. <sup>20</sup> Store your treasures in heaven, where moths and rust cannot destroy, and thieves do not break in and steal. <sup>21</sup> Wherever your treasure is, there the desires of your heart will also be. <sup>22</sup> “Your eye is like a lamp that provides light for your body. When your eye is healthy, your whole body is filled with light. <sup>23</sup> But when your eye is unhealthy, your whole body is filled with darkness. And if the light you think you have is actually darkness, how deep that darkness is! <sup>24</sup> “No one can serve two masters. For you will hate one and love the other; you will be devoted to one and despise the other. You cannot serve God and be enslaved to money.

#### Matthew 14:27-31 NLT

<sup>27</sup> But Jesus spoke to them at once. “Don’t be afraid,” he said. “Take courage. I am here!” <sup>28</sup> Then Peter called to him, “Lord, if it’s really you, tell me to come to you, walking on the water.” <sup>29</sup> “Yes, come,” Jesus said. So Peter went over the side of the boat and walked on the water toward Jesus. <sup>30</sup> But when he saw the strong wind and the waves, he was terrified and began to sink. “Save me, Lord!” he shouted. <sup>31</sup> Jesus immediately reached out and grabbed him. “You have so little faith,” Jesus said. “Why did you doubt me?”

#### Mark 8:33-38 NLT

<sup>33</sup> Jesus turned around and looked at his disciples, then reprimanded Peter. “Get away from me, Satan!” he said. “You are seeing things merely from a human point of view, not from God’s.” <sup>34</sup> Then, calling the crowd to join his disciples, he said, “If any of you wants to be my follower, you must give up your own way, take up your cross, and follow me. <sup>35</sup> If you try to hang on to your life, you will lose it. But if you give up your life for my sake and for the sake of the Good News, you will save it. <sup>36</sup> And what do you benefit if you gain the whole world but lose your own soul? <sup>37</sup> Is anything worth more than your soul? <sup>38</sup> If anyone is ashamed of me and my message in these adulterous and sinful days, the Son of Man will be ashamed of that person when he returns in the glory of his Father with the holy angels.”

#### Matthew 6:24 NLT

*“No one can serve two masters. For you will hate one and love the other; you will be devoted to one and despise the other. You cannot serve God and be enslaved to money.*

### II. \_\_\_\_\_ FOCUS

#### Matthew 6:25-34 NLT

<sup>25</sup> “That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn’t life more than food, and your body more than clothing? <sup>26</sup> Look at the birds. They don’t plant or harvest or store food in barns, for your heavenly Father feeds them. And aren’t you far more valuable to him than they are? <sup>27</sup> Can all your worries add a single moment to your life? <sup>28</sup> “And why worry about your clothing? Look at the lilies of the field and how they grow. They don’t work or make their clothing, <sup>29</sup> yet Solomon in all his glory was not dressed as beautifully as they are. <sup>30</sup> And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith? <sup>31</sup> “So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’ <sup>32</sup> These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. <sup>33</sup> Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. <sup>34</sup> “So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.

#### Matthew 22:37, 39-40 NLT

<sup>37</sup> Jesus replied, “‘You must love the Lord your God with all your heart, all your soul, and all your mind.’ <sup>39</sup> A second is equally important: ‘Love your neighbor as yourself.’ <sup>40</sup> The entire law and all the demands of the prophets are based on these two commandments.”

#### Matthew 6:31-33 NLT

<sup>31</sup> “So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’ <sup>32</sup> These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. <sup>33</sup> Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.